



Aro Valley Community Centre

Regular classes and groups

Updated JANUARY 2021

****CSA Organic Food Co-op NEWS!**
 New location just around the corner in
Abel Smith St.
 Please contact CSA Wairarapa Eco
 Farm for more information.
Drop off is on a Thursday morning.

Monday

8:30 – 9:30am HALL	Tai Chi Class (starts 6th of January) Koha	Yi Ching Mao Contact: community@arovalley.org.nz phone 021 203 3905 / 04 384 8499
11:30 – 12:30pm HALL	POUND (starts 11th January)	
6:00-8:30pm HALL	Traditional Dances of Mexico (starts 18th January) with Ollin Yoliztli Dance School \$10 per class	Email: ollin.yoliztli.lifeandmovement@gmail.com
6:30 – 8:00pm (TUI Room)	Spanish Class (starts 18th January) (for fees, contact the Spanish Institute)	Emails: info@spanishinstitute.co.nz info@foreignlanguages.co.nz

Tuesday

12:00 – 12:45pm HALL	Sit and Be Fit (starts 26th January) Koha	Kristin Email: community@arovalley.org.nz phone 04 384 8499
6:00 – 7:00pm HALL	Yoga with Bridget (starts 12th January) Koha	Email: bridgetannekelly@gmail.com
6:30 – 8:00pm (TUI Room)	Spanish Class (starts 2nd February) (for fees, contact the Spanish Institute)	Emails: info@spanishinstitute.co.nz info@foreignlanguages.co.nz

Wednesday

8:30 – 9:30am HALL	Tai Chi Class (starts 6th of January) Koha	Yi Ching Mao Contact: community@arovalley.org.nz phone 021 203 3905 / 04 384 8499
10 :00 – 11:00am HALL	Open Yoga Class with Bridget (starts 13th January) Gold coin Koha	Email: bridgetannekelly@gmail.com
11:15am-12:05pm HALL	Zumbini! Zumba for kids (starts 10th February) \$10 per class. Please RSVP as spaces are limited.	Gerladine Cariel contact: zumbini.geraldine@gmail.com
6:15 – 8:15pm HALL	Starjam (starts 17th February) Groovy Guitar workshop	Contact Sophie Beckett for more info and start date. wellingt@starjam.org
6:30 – 8pm (TUI Room)	Spanish Class (starts 10th February) (for fees, contact the Spanish Institute)	Emails: info@spanishinstitute.co.nz info@foreignlanguages.co.nz

Thursday

6:00 – 7:00pm HALL	Samba at Aro (starts 4th February) \$10 per class	Hillary Reid phone 021 230 8732, Hillary.Reid@vuw.ac.nz
7:00 – 8:30pm (TUI Room)	Koha English classes for Everybody (starts 7th of January) Koha / Donation	Contact: community@arovalley.org.nz phone 04 384 8499
7:30 – 8:30pm HALL	Yoshukai Karate (starts 14th January) \$10 (or pay what you can afford)	Colin Berry Email: Cberry2020@gmail.com phone 04 475 9985 / 027 249 5342

Friday

8:30 – 9:30am HALL	Tai Chi Class (starts 7th of January) Koha	Yi Ching Mao Contact: community@arovalley.org.nz phone 021 203 3905 / 04 384 8499
10:30am – 12:00pm HALL	Sing for Your Life – (starts 5th February) Community Singing \$15 per session	Contact Anna Sedcole for more info and start date. Email: anna.sedcole@gmail.com

Saturday

9:00 – 10:00am HALL	Blue Ocean Yoga with Jenn (starts 16th of January) Koha	Jenn Thompson Email: jetbluenz5@gmail.com
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Sunday

6:30 – 7:45pm HALL	Wellington International Folk Dancing (starts 17th January) on the 1st and 3rd Sunday of the Month \$10 per class waged/ \$5 unwaged / or \$15 for the whole family!	Liora Noy Email: lioranoy3@gmail.com phone 021 355 041
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