



VALLEY VOICE

TE REO HAPORI O WAIMAPIHI

NEWS AND VIEWS FROM AROUND THE ARO VALLEY AUGUST 2016

Aro farewells a local legend, but another takes his place

Aro Valley says goodbye to well know grocer Harry Sukhalal. Harry has sold up to Manjula Patel of Patel's Superette next door and opened a new business in Miramar.

For 21 years Harry Sukhalal ran Aro Fruit Supply at 102 Aro St, opening six days a week and staying open until 7pm so people could buy vegies for dinner on their way home from work. Initially he and his wife Susie had planned to work together in the Aro St shop but there wasn't really enough work for both of them so she got a job elsewhere.

However his wife ran the shop on Saturdays so he could play hockey. Harry Sukhalal has run fruit and vegie shops all over Wellington. He was in Johnsonville for 10 years, Newtown for five years, Karori for two years and then Aro Valley. Harry increased his business turnover by supplying fruit and vegies to Wellington's restaurants, which he continues to do from the new shop.

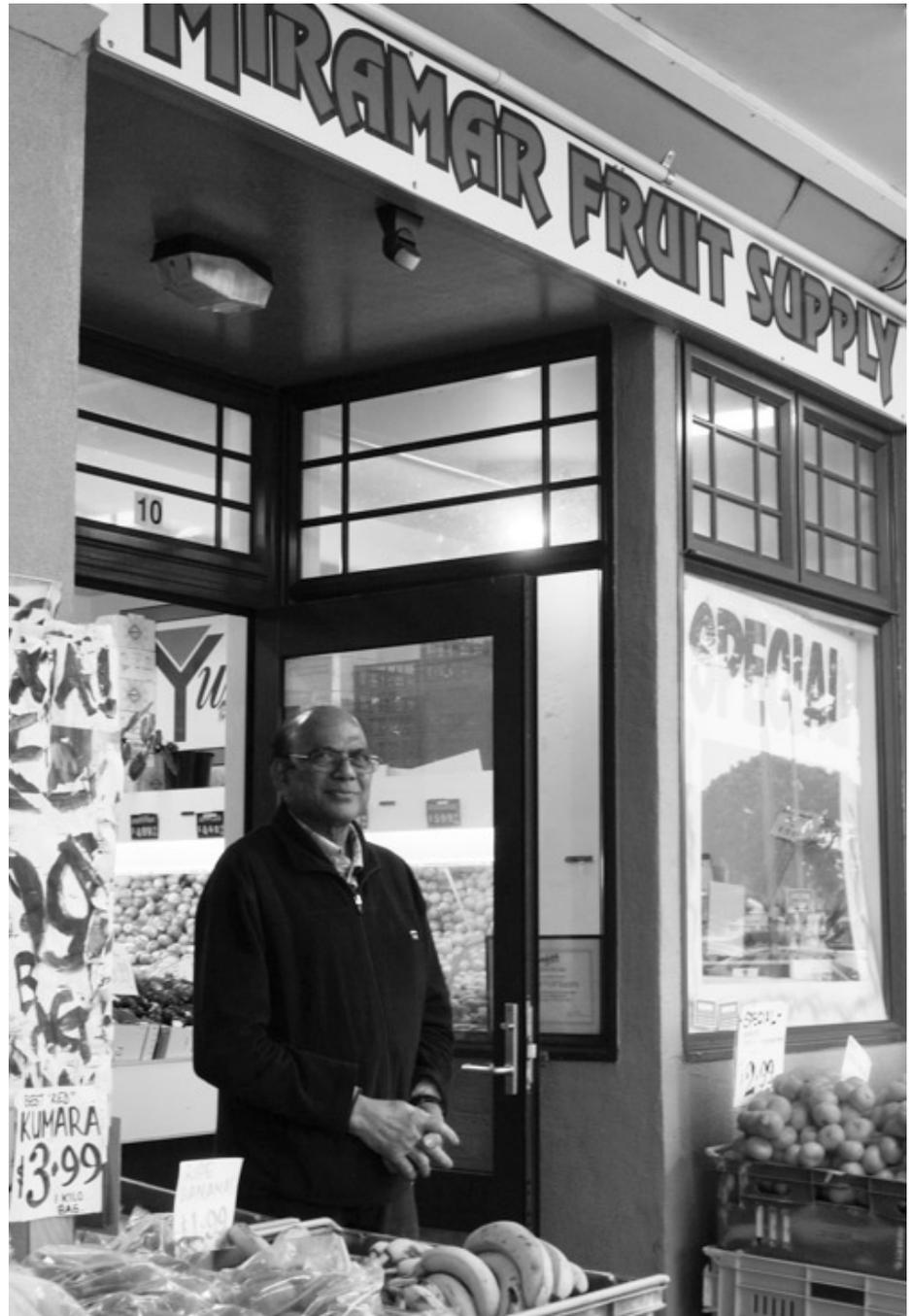
He came to Aro Valley in 1995, and disappeared over night on April 30th this year. Have you noticed? The shop still looks the same.

Because of the quick purchase agreement Harry had a stock take of Aro Fruit Supply on April 30th and on May 1st a stock take at Miramar Fruit shop. And he was gone. Luckily for us Manjula Patel who opened the dairy next door at 100 Aro St in 2015 was keen to take over Aro Fruit Supply and continues the business, and its long hours, with her capable staff today. Now she too has to get to the wholesale markets at dawn.

They both compliment Dave Kanji who ran the shop until 1995 and is now retired to Epuni St as being a most amicable landlord. They all hail from the same area of Gujarat in India.

You will find Harry at 10 Park Rd opposite the Roxy. His new shop is much bigger, as is the suburban centre of Miramar.

There is a lot more space for the grandchildren to play when his daughter



**Harry Sukhalal has moved to Miramar after 21 years in Aro .
Photo Julia Stace**

is working in the shop.

Harry really enjoyed his time in Aro St. Due to the quick purchase agreement he was unable to let many people know that he was leaving and to say goodbye to all his loyal customers. Of all the areas in Wellington where Harry has worked

he found the people of Aro Valley the friendliest, the most polite and respectful and the most weirdly dressed. Aro Valley's loss is Miramar's gain.

Julia Stace
jbwstace@gmail.com

Community Centre News

Why we're saying no to plastic bags

This month, Aro Valley ditched the plastic bags in favour of reusable fabric bags to help clean up the environment.

The Aro Valley Community Council organised several free events for Plastic Free July, an initiative that started in Australia to encourage stopping the use of plastic bags.

Local events included a fabric bag-making workshop, a movie night featuring the documentary *Wasteland*, and a street clean-up day.

Council secretary Hilary Unwin says the issue is the amount of plastic waste in the city. The community council's initiative encouraged people to opt for reusable bags instead of single use plastic bags found in supermarkets and local shops. Aro Valley businesses, including Patel's superette, Aro Valley Mini-Mart,



Lexi Taylor and Hilary Unwin with Aro Valley reusable bags

Arobake, and the second hand shop, got involved by offering \$2 fabric bags to customers during July. Zoe Smith of Tommy's real Estate donated a huge number of hessian bags to boost the supply.

This is the first year Aro Valley Community Council has run the initiative and Unwin hopes it will become an

annual event.

Community developer Lexi Taylor says the events were free, and included a reusable bag sewing workshop, a film night and a community clean up. The month ended in a pizza and beer celebration at the hall. Taylor says it has been a fun initiative to get the community involved in.

Upcoming events at Aro hall

Spring School Holiday Programme

Monday 26 September - Friday 7

October

Cost is \$30 per child per day/\$28 with an earlybird payment (before Friday 23 September) or with sibling discount.

OSCAR subsidies are available.

Experienced staff wanted: send CV to developer@arovalley.org.nz

Hangi Sunday 14th August

Come and share a meal with your whānau, friends and neighbours

Sunday 14 August

from 6.00pm

at Aro Hall (48 Aro St)

Kōha for dinner and activities

BYO wine or beer

Tea and coffee provided

Music and performances from

Te Aro School, Aro Valley Preschool

Hannah Fraser, The Holloway Rd

Inmates and more!

Donations of fresh vegetables warmly accepted at the community centre on Friday 12th.

Meet The Candidates Evening

Aro Valley Community Centre

Monday 19 September 7.00pm

RSVP: community@arovalley.org.nz

Sit and be Fit

Our Sit and Be Fit classes take place on Tuesdays from 12 - 1pm.

Taught by the very experienced Kathy McConville, Sit and Be Fit is a chair-based exercise programme with gentle exercises to promote general health and wellbeing.

The focus is on fun, fitness, and friendship. Contact community@arovalley.org.nz or phone 3848499 to find out more. The cost is just \$3 per class, and that includes a cup of tea (BYO biscuits!).

Thank you to Compass Health for making these classes possible.



Sue Kedgley

Your voice on the Wellington Regional Council

Vote 1

Sue Kedgley for Regional Council



Vote 1

Iona Pannett
for Lambton

Authorised by Iona Pannett, 27 Caroline Street, Mt Victoria, Wellington

Green

Waimapihi stream's story a feature of preschool's bright new mosaic

By Sacha Green

Over the past year our local preschool children have been discovering some of the special features of Aro Valley through a focus on place-based education. Part of this journey has included the creation of a beautiful new mosaic mural which now graces the entrance to the preschool building and celebrates 'our place'.

One of the starting points for the project was learning about our neighbourhood - what Aro Valley used to be like, and the history of the area as a place of sustenance, where local Māori cultivated food crops. The children also learned about Māori atua / gods and connected with their environment in a way that was about learning how they can protect it by being kaitiaki / guardians.

A special part of the process have been the trips the children have taken up to the Waimapihi Reserve at the top of Holloway Road. Here the children have been able to connect with the story of the stream and of Mapihi the Māori chieftanness who bathed in this stream, and which the stream is named after.

The Waimapihi Stream has been a real focus for the preschool as a defining feature of our place and has become something very special to our preschool. Historically the Waimapihi Stream flowed down the Holloway Valley and Aro Valley before spreading out across the Te Aro flat. Today the stream is buried underground. It disappears underground at the top of Holloway Road. It runs under our park



Mosaic for Aro Valley Preschool celebrates place-based education

and preschool where it joins the flow of storm water through huge concrete pipes to the harbour.

With funding from the Wellington City Council's Creative Communities Grants Scheme the preschool engaged international mosaic artist, Rachel Silver, to create a mosaic artwork that would reflect and celebrate 'our place'. Rachel spent time at the preschool with the children to get their creative input into the mural through drawings and discussion. The teachers, children and parents also visited Rachel at her studio at the nearby Toi Poneke Arts Centre.

The mural was completed in May this year. It features our local Waimapihi stream and Mapihi who bathed in its waters. It includes Tāne Mahuta bringing life from the forest floor and Tangaroa guarding over the waters. Children are

shown in the garden with kumara that used to grow in the valley and native plants and the life in the stream reflect the way things once were.

The installation of the mural was celebrated at an unveiling ceremony with preschool whānau, members of the local community and representatives from the Wellington City Council and the Ministry of Education. Neavin Broughton, representative of mana whenua, blessed the mural. We were also treated to a performance from the Te Aro School kapa haka group and haka and waiata from our own preschool children. The mosaic mural is a beautiful artwork and an enduring reflection of some of the history of Aro Valley. It is a special taonga for the preschool and one that the preschool hopes will be enjoyed by the whole community.

Kai O Te Aro

By Shan Jordan

Having grown a bumper crop of parsnips at the very sunny Kai-o-Te Aro Secret Garden I thought I'd try my luck growing garlic there this winter.

I'd pretty much given up trying to grow decent sized bulbs in my own garden because the result is always a small batch of miniature bulbs - better than nothing I know, but when you're nurturing the image of being able to make garlic plaits then it really falls short! My fascination with garlic can be traced all the way back to ancient China, Rome,

India and Egypt, and over the years it's spread its pungent flavour around the world. It's hard to believe that my mum grew up never knowing about garlic until meeting my Chinese dad in the 1980s. Now she couldn't imagine a dinner without it. Adding garlic to your meals, or eating it raw! (a sprig of parsley will remove the bad breath), will not only add an extra dimension of flavour to your meal but will lower blood pressure, clear your skin, keep your immune system strong, and can be used as an anti-fungal, anti-viral and antimicrobial. So if you want to grow some of this wonder food yourself, now is the time to do so as the garlic cloves need the cold weather

to germinate. You'll need an open and sunny spot, the biggest New Zealand grown garlic cloves you can find (the more common Chinese garlic will have been fumigated), and organic compost. If you plant each clove pointy tip up, about 5 cm deep and 30 cm apart, you should see them sprout in about 10 days' time. Then just keep them well weeded and watered. Come Christmas/New Year, the leaves will naturally start dying off and this is when they are ready to harvest. If you'd like to become a member of Kai-o-Te Aro that collectively takes care of three community gardens in Aro Valley please get in touch through our Facebook page 'Kai-o-Te Aro'.

Councillor Views



Cr Nicola Young

Aro Valley is one of Wellington's liveliest communities, with particular issues because it's close to the city centre and universities.

The scourge of illegal rubbish dumping was highlighted at the 'Waste' meeting in June, which I attended. I want to introduce end-of-term collections for the large inorganic waste (couches!) that's such a problem for students without transport; on-street recycling points (standard in most cities); and collection bins for used batteries at supermarkets.

Environmental issues are close to my heart. The Plastic Free July challenge has been

an excellent initiative (I carry a collapsible tote in my handbag), and I recommend everyone install 200 litre emergency water tanks, which are available from the Council offices for \$105.

I'm proud to be Lambton's only independent city councillor; it's been a pleasure to represent you at the Council table and respond to local concerns – including the installation of bike racks at the Aro Valley Community Centre, shortly after I was first elected to Council almost three years ago.

At this year's local body elections, I'm standing for both Lambton and the Mayoralty. I am campaigning to freeze our rates at inflation to ensure Wellington remains affordable; the 20% increase over the past four years and looming 5.4% increase is unaffordable for people on fixed or low incomes. Core services must be protected, but we need to cut

waste, stop the \$5.5million overhaul of Frank Kitts Park and other vanity projects, and close the secret slush fund.

Please contact me if you have any questions: Nicola.young@wcc.govt.nz or 021 654 844



Cr Iona Pannett

Great to see the Valley Voice back, it has been missed.

Fantastic to see Aro Valley take a lead on Plastic Free July. I have signed up to the pledge (although I do try to not use plastic bags all year round) and am not finding it too difficult, just need to remember to pack my reusable bag when I go out. Following on from our meeting on managing waste in the Valley, it is good to see

such a proactive initiative being taken. The Regional Governance Group on waste which I co-chair is currently doing a lot of work on how we can reduce waste in the region; there will be plenty of public conversations to be had on this topic soonish.

It has been great to work with the community on an engagement process as we work towards upgrading the community hall. The energy and enthusiasm by those involved has been appreciated. In the meantime, I'm working on getting another heat pump for the hall as soon as possible.

Finally, thanks for the feedback that the community has given on our proposed Dog Policy and Animal Bylaw, in particular in relation to Polhill Gully and where you want your dog exercise areas. We will be soon debating these documents and your feedback will be taken on board.

Iona 021-227-8509/384-3382



Hi lovely Aro folk,

If you would like a **free** hessian shopping bag, then send me your name and address, and I will have one delivered to your home, please email or text me on the details below.

Happy plastic bag free!!

ZoeSmith

ACHIEVE YOUR BEST RESULT

021 856 887 | zoe@tommys.co.nz

Native birds returning to the valley

In 70ha of scruffy regenerating gullies bordered by the suburbs of Brooklyn, Highbury and Aro Valley, something extraordinary is happening.

For the first time in a century rare birds like kākā and tīeke (saddleback) are living together with people in Wellington. The return of Aotearoa's avian originals into this sweet slice of the Town Belt is courtesy of spillover from the Zealandia Ecosanctuary (ka pai).

These manu taonga are not in a zoo or exiled on an island, but in the wild in urban Wellington's backyard, five minutes from Willis Street. Polhill is one of Wellington City Council's most popular reserves with 1000s of mountain bikers, runners, rambblers, students, families, commuters, twitchers, dog-walkers and day-trippers using it every week.

Polhill's protectors are the users of the reserve who are laying out the welcome mat for the spillover birds: by trapping pests and engaging in bush restoration efforts. Over 30 volunteers manage 150 traps targeted to catch predators like stoats, rats and weasels. The suppression of these predators is giving the birds (and other native wildlife like weta and mokomoko) a chance to make Aro hillsides their home again.

Fifty years ago, tīeke – cousin of the kōkako and the extinct huia – were exiled to a couple of predator-free islands off



Young Polhill protector Lucy (6) doing some tagging "it's for the birds dad!"

Northland. A few years ago you could only see the Hotere-black bird with blood-orange wattles on off-shore sanctuaries like Kāpiti. For the past two years tīeke have bred in Polhill, the first time they've been observed doing so in the wild (outside of a sanctuary or island) in living memory. The project's kaupapa is to be neighbourly with our natives.

Over 300 people are signed up to the Facebook group. Volunteers range from Weta workers checking traps on lunchtime mountain bike rides, to students and families (the youngest Polhill protector is six). Our bait depot is a Durham laundry. There are regular working bees and involvement can range from trapping

and monitoring work to bush restoration. A planting partnership has been formed with the Brooklyn Trail Builders, to get representatives of the original forest cover like rata and hinau in the ground.

The group is supported by Zealandia (the mothership!), Goodnature, Garage Project, Predator Free New Zealand, Department of Conservation, Massey and Victoria, and Wellington City Council, who oversees the reserve.

Follow Polhill on Facebook (<https://www.facebook.com/groups/Polhill/>), sign up to get involved at www.polhill.org.nz or email info@polhill.org.nz.

Go native in Aro Valley!

Paul Ward

Aro Valley Restoration Project cracking on

The past 12-months has seen much progress toward restoring pre-1830 flora in Tenera Gully at the top of Epuni St.

Thanks to WCC's Berhampore nursery and F&B's Highbury nursery, planting in over 1,000 locally-sourced seedlings including pukatea, swamp maire, kahikatea, tawa, matai, fuchsia, kohekohe, etc.

The installation of 3 trap lines (lots of mice caught, the occasional rat – well done Lian, Kerry & Dan!)

A great deal of weeding! Members have dealt to heaps of weeds on various Sunday working parties, etc.

We've also had the benefit of Conservation Volunteers on three occasions. Thanks Ed and David for arranging this.

Darcy's recently arrived wheelbarrow has proved a force-multiplier – and Dan kindly provides parking space on those rare occasions when it's not in use: thanks to them both! Darcy also has our motion-triggered, infrared camera up and

operating. The images indicate:

Lots of Homo sapiens activity in the Gully: please, if you spot the camera, just ignore it.

Lots of *Felis catus* activity, unfortunately. These cats are unlikely to be wild and all too likely to be from nearby houses. Please, cat-lovers, do the right thing: keep them inside.

Mainly exotic birds, but one fine image of a kaka, feeding on the ground - that's why you need to keep cats indoors.

Talking of birds, if you live nearby or visit the Gully you'll know it's popular with kaka (yes, those senescent pines do provide a valuable roosting space); piwakawaka are common (and nest in the same). So too are dunnoek (no, not the same as sparrows), but active more on the urban fringes of the Gully. Karearea have been reported (and some of you saw a strike in Aro Park recently), as have kakariki (Eastern Rosella are common). Records of other sightings would be most

welcome.

Last summer's blistering dryness took out a lot of our seedlings: our new technique is to place an apron of cardboard and newspapers, topped-off with a 6-centimetre + deep layer of mulch, around the newly planted seedling; to give them a fighting chance by retaining soil moisture longer, and hold back the inevitable tsunami of weeds. Feel free, armed with a bucket, to carry up a load of mulch from the pile at the entrance to the Gully and add to the cover around our seedlings. Indeed, come up and measure the progress! There's lots to be done.

Want to join? We meet for a group working bee one Sunday a month, 2-4 pm. You will be notified of the exact dates through our email list. Any time you can make it would be a great help. There is ongoing work if you would prefer to work there on week days.

Denis Asher

denis.asher3@gmail.com

Aro Valley Preschool

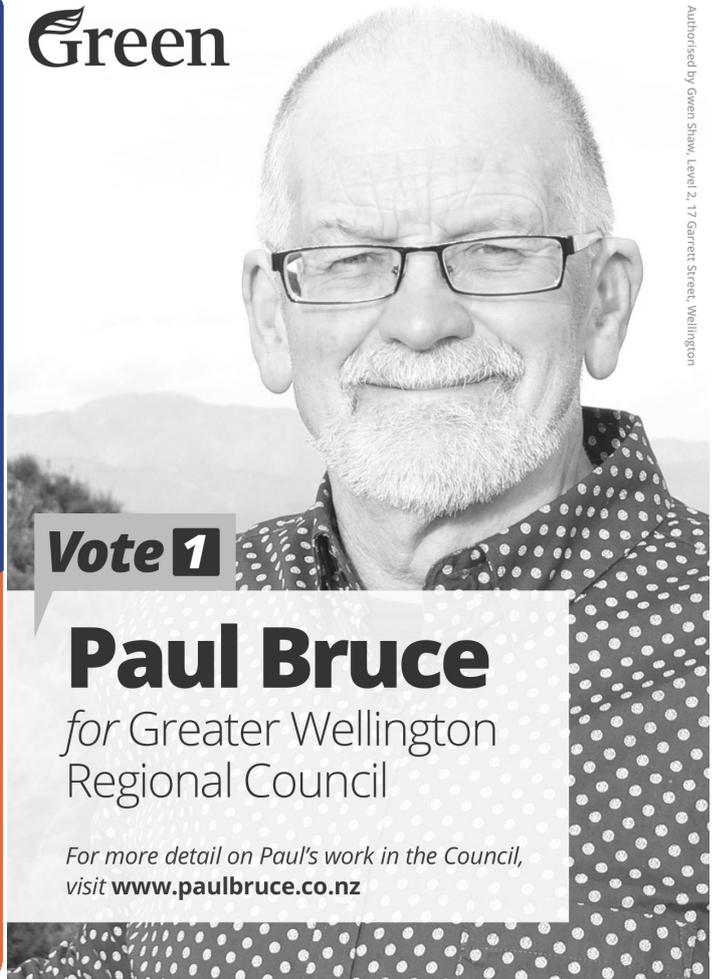


*A caring
learning community*

Monday to Friday 8.30am - 2.30pm

04 384 5156
arovalleypreschool.nz

Green



Authorised by Gwen Shaw, Level 2, 17 Garrett Street, Wellington

Vote 1

Paul Bruce

for Greater Wellington
Regional Council

For more detail on Paul's work in the Council,
visit www.paulbruce.co.nz

My plan for the Aro Valley

Freeze rates at inflation

Our city must be affordable for all

On-street recycling bins

With battery recycling at local stores

Strengthen our Town Hall

Zero progress since 2013 – disgraceful!

A real champion for the arts

No more stealth cuts to council funding

*“Wellington comes
first – not political
ideology”*

nicola@nicolayoung.co.nz
021 654 844

NicolaYoungWellington
 nmjyoung



Authorised by Nicola Young, 10 Ebor Street, Wellington

Vote 1 for Nicola YOUNG



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Monday

7:15 am – 8:15 am
 Tai Chi Class (free) Lynsey
 021 267 6638
 6 pm – 8 pm
 Capoeira \$10 per class \$50
 for 8 classes Bobby Semau
 027 696 1708 bobbysemau@
 gmail.com

Tuesday

9.45 – 11.45am
 ESOL (English for speakers
 of other languages) class
 Higher class
 Koha donation
 AVCC office
 community@arovalley.org.nz
 12 noon - 12.45 pm
 During school term
 Sit and Be Fit
 Kathy McConville: teacher
 Contact Community
 Coordinator
 3848499 / community@
 arovalley.org.nz
 1 – 2 pm
 Hair for you @ Aro Valley
 haircuts \$20 and under
 Kellie 027 800 7432 /
 kllwtkns@gmail.com
 6 – 7 pm
 Yoga With Sarrah
 \$5 per class
 Sarrah jayne.sarrah@gmail.
 com
 7.10 – 9.10
 Taiko Drumming
 Jessie Gibbs
 narukamitaiko@gmail.com

Wednesday

7:15 am – 8:15 am
 Tai Chi Class
 free
 Lynsey
 021 267 6638
 10 am – 11 am
 Open Yoga with Sarrah

Contact Community
 Coordinator
 3848499 / community@
 arovalley.org.nz
 6.30 pm – 8 pm
 Starjam
 Susannah Potts
 wellington@starjam.org
 212 4971 / 021 782 866

Thursday

CSA Organic Pick up
 9.30 – 12.45am
 ESOL (English for speakers
 of other languages) class
 Beginner class 9.30 – 11am
 Elementary class 11.15 –
 12.45am
 Koha donation
 AVCC office
 community@arovalley.org.nz
 3.30 pm - 4.00 pm
 During school term
 Dance Class
 Ballet & Jazz 5-8 years
 Debbie
 info@db4dance.co.nz
 www.db4dance.co.nz
 6 pm – 7.00 pm
 Samba from Brazil
 Hillary Mitchell & Fabiola
 Stevenson
 \$10 per class
 Hillary Mitchell
 021 230 8732
 Hillary.Reid@vuw.ac.nz
 7.30 pm – 9 pm
 Yoshukai Karate
 \$10 or pay what you
 can afford. Includes 2nd
 weekly class at Northland
 Community Centre
 Colin Berry
 475 9985 / 027 249 5342
 Cberry2020@gmail.com

Friday

CSA Organic pick up
 6:30 – 7:30
 YogaRapsody (yoga to
 music)

\$15 or \$10 student
 www.yogarapsody.com
 7.30 – 8.30am
 Tai Chi Class (free) Lynsey
 021 267 6638
 10.30 am – 12.00 noon
 During school term
 Sing For Your Life –
 Community singing
 Come along any time to have
 a great sing & a cuppa. \$5 a
 time.
 Julian Raphael
 802 5398
 communitymusic@xtra.co.nz

Saturday

9 am – 10 am
 Yoga With Sarrah
 \$5 per class
 Sarrah
 jayne.sarrah@gmail.com
 10.30 – 11.30am
 NIA Class
 Amanda Hana – Doull
 Amanda.scarletmusic@
 gmail.com
 11.30 – 12.30
 Afrobrazilian Dance Class
 Yovana Lienqueo
 yovana.lienqueo.m@gmail.
 com
 0224514092
 1 pm – 3 pm
 Last Saturday of every
 month
 Capoeira
 Free
 Bobby Semau
 027 696 1708
 bobbysemau@gmail.com

Sunday

10.00 – 11.00
 Yoga with Julie
 Julie Chin 0211842714
 7.30pm-9.30pm
 Taiko Drumming
Jessie Gibbs



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 or 384 8499

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 behalf of

Aro Valley Community
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 48 Aro St
 Wellington

AVCC

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 Co-chair: Hilary Unwin

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Heather Mackay

Treasurer:

Rachel Griffiths

Committee Members: Brent

Efford, Jay Buzenberg, Jo

Brien, Karen MacIntyre,

Madeleine Rashbrooke,

Nicole Benkert, Roland

Sapsford, Chris Carey-Smith,

Zeke O'Connor-Sapsford

**Aro Valley Community
 Centre**

community@arovalley.

384 8499

Aro Video Shizzle

By Kiel Taylor

Rick and Morty Season 2

First off if you haven't seen the first season of Rick & Morty I strongly urge you to go to Aro Video and hire it out.

It's utterly amazing. The second season kicks off from the end of the first with hand drawn animation, clever humor, action packed scenes, occasional teary segments and an ensemble of special

guest stars including New Zealand's own Jermaine Clement. This show surpasses any other animated series targeted at adults. Watching it on DVD also means that you can check out the very witty commentary by the crew behind the show. 10/10

10 Cloverfield Lane

This film is 5% of a sequel to the 2008 film Cloverfield, but where the first was full of CGI and shot found footage style, this was done in a traditional narrative.

And didn't rely on computer effects.

Produced by Lost's J.J Abrams this film is about a young woman who wakes up in a bunker after a car accident and finds out that she cannot leave as she is told by what seems to be her captor that the world outside is toxic and full of aliens.

This film will leave you guessing even after the climax mostly due to the powerful performance of John Goodman. 8/10

Community Centre Upgrade

By Luke Allen

The Aro Valley Community Centre will soon be getting an upgrade, and the Aro Valley Community Council wants to hear the community's ideas on what improvements they would like to see.

Wellington City Council has funding allocated for our community facilities to be spent over the next three years, and is looking to the Aro Valley Community Council to consult with our community and provide a scope for this upgrade work.

AVCC is committed to making the best of this opportunity for the valley's ideas and views to be heard, so that we can all benefit from the enhanced facilities for years to come.

The consultation and participatory

decision-making process will happen between now and Christmas this year. Design work will follow next year, and construction or alterations will likely begin in 2018.

AVCC will be hiring a community engagement specialist as a facilitator for the consultation process.

The consultation will be an open process for all interested members of the community to be involved, and we are seeking a wide range of representation so the outcome can benefit as many people as possible.

If you would like to be involved or kept in the loop, and we haven't spoken to you already, please email developer@arovalley.org.nz or get in touch with Lexi at the community centre office.

We will be sending out regular updates and notices of upcoming events in this process, through the Valley Voice, online, and to our mailing list.

There was a stall at this year's Aro Valley fair where we introduced this project, and we conducted a survey, so you will already be on our contact list if you gave us your details then.

The funding for this work has been long-awaited, as many will know who were involved in the huge amount of work that went into the 2004 proposal for the community centre to Wellington City Council.

With everyone's help, we can make the most of this chance to invest in our community.

Gone, not forgotten

by Don Franks

Up at the top of Aro street
in the age of the horse and
dray
if you needed to go to the
toilet
in the bush was the only way

and then in nineteen twenty
six
with bright new bricks and
mortar
the council in its wisdom
built
a place for passing water

the toilet wasn't perfect
it was only just for men
(though enterprising
desperate women
also used it now and then)

no, the toilet wasn't perfect
but it still was an advance
the roadside bank no longer
stank
from urine in the grass

old codgers getting off the
tram
could ease themselves at
leisure
instead of a hasty furtive
spurt
discharge was now a
pleasure

joggers and walkers and
revelers
who'd drunk a wee bit much
all sorts used this facility
even Russians and Such

wayfarers weary would
sometimes lean
on the sun warmed wall of
brick
again and again the ceramic
drain
bore off gallons of poohs
and sick

it was one sure thing in a
crazy world
honest and simple and true
and for rightwing nineties
councillors
that, of course, would not do

In the vibrant new-look
Wellington
old brick dunnies don't have
a role"
so the toilet was smashed to
rubble
and the cleaner was chucked
on the dole

so now up the top of Aro
street
in this vibrant city today
if you need to go to the toilet
in the bush is the only way.

Community Hāngi
Come and share a meal
with your whanau,
friends and neighbours

Sunday
14 August
6.00pm
Aro Hall
48 Aro St

Hāngi

Koha
for dinner and activities
BYO wine or beer
Tea and coffee provided

Music and performances from
Te Aro School, Aro Valley Preschool
Hannah Fraser, The Holloway Rd
Inmates and more!

Donations of fresh vegetables warmly
accepted in the days before the event.

Nga mihi nui kia koutou katoa


wellington
timebank


ARO VALLEY
COMMUNITY CENTRE

Thanks to
Aro Valley
Community Council,
Wellington Timebank and
CompassHealth

CompassHealth
working together, health, beauty and flourishing communities

For more info contact on 04 384 8499
or developer@arovalley.org.nz

WANTED

VOLUNTEER VALLEY VOICE EDITOR
If you can work Indesign and have an eye
for media we'd love to hear from you!
aro.voice@gmail.com