Regular classes & activities

~ October 2026 ~

Day	Time	Class	Price	CONTACT
Mondays	8:30 - 9:30am	**Tai Chi with Yi Ching**	Koha	community@arovalley.org.nz
Mondays	6:00 - 9pm	**Black Book Jungle Art book sessions**	Koha	kinghomeboy777@gmail.com
Tuesdays	12am - 12:45pm	**Chair yoga with Kristin**	$8/$10 or koha	022 694 1197 kristingiorgi@gmail.com
Tuesdays	6:00 - 7:00pm	**Community free yoga**	Free	mark@hotmetal.nz
Wednesdays	8:30 - 9:30am	**Tai Chi with Yi Ching**	Koha	community@arovalley.org.nz
Wednesdays	1 - 2pm	**Dance 4 Us With Dance Therapy NZ**	Gold coin (If possible)	(09) 636 3029 admin@dancetherapy.co.nz
Wednesdays	4:30 - 6:30pm	**Wellington Young Actors Workshop**	Contact For info	debs@wonderplay.co.nz
Wednesdays Fortnightly	7 - 9pm	**X-Práctica Tango**	$10 tutor $5 w/out	X-Práctica on Facebook irinatango.nz@gmail.com
Thursdays	4:30 - 6:30pm	**Trash Planet Beat Clinic**	Koha	contact@olmecha.com
Fridays	8:30 - 9:30am	**Tai Chi with Yi Ching**	Koha	community@arovalley.org.nz
Fridays	10:30 - 12pm	**Community Singing With Jo Shrigley**	$15/$100 Per term	jshrigley@gmail.com
Sunday Fortnightly	2 - 4pm	**Aro Valley Jazz Jam with Aro Valley Jam Band**	Drop in & play or listen	community@arovalley.org.nz

Schedule subject to change! Visit arovalley.org.nz for updates.
Some Classes may not be active during school holidays!